

BAC NOVEMBER 2022 SCHEDULE

NOV 13	NOV 23	NOV 30	DEC 07	DEC 14
<input type="checkbox"/> <u>Sunday</u> WITH LYDIA MONTH ONE Time: 4pm - 8pm Hours: 4 Class: Online Module: ONE Coaching, a calling? Defining the Process Coaching Mastery Getting Started	<input type="checkbox"/> <u>Wednesday</u> MONTH ONE Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Transformative Questioning	<input type="checkbox"/> <u>Wednesday</u> MONTH TWO Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Masterful Listening	<input type="checkbox"/> <u>Wednesday</u> MONTH TWO Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Clear Communicating	<input type="checkbox"/> <u>Wednesday</u> MONTH TWO Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Clarifying, Reflecting, Reframing
DEC 21	JAN 04	JAN 11	JAN 18	JAN 25
<input type="checkbox"/> <u>Wednesday</u> MONTH THREE Time: 7pm-8pm Hours: 1 Class: Online Module TWO Acknowledging & Messaging	<input type="checkbox"/> <u>Wednesday</u> MONTH THREE Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Contracting and Measuring	<input type="checkbox"/> <u>Wednesday</u> MONTH THREE Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Strategise to Realise	<input type="checkbox"/> <u>Wednesday</u> MONTH THREE Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Taking Action	<input type="checkbox"/> <u>Wednesday</u> MONTH FOUR Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Progress and Accountability

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FEB 08	FEB 15	FEB 22	FEB 29	MAR 01
<input type="checkbox"/> <u>Wednesday</u> MONTH THREE Time: 7pm-8pm Hours: 1 Class: Online Module: TWO Awareness and Partnering.	<input type="checkbox"/> <u>Wednesday</u> MONTH FOUR Time: 7pm-8pm Hours: 1 Class: Online Module TWO Personality and Profiles	<input type="checkbox"/> <u>Wednesday</u> MONTH FOUR Time: 7pm-8pm Hours: 1 Class: Online Module TWO Energy and Intuition	<input type="checkbox"/> <u>Wednesday</u> MONTH FOUR Time: 7pm-8pm Hours: 1 Class: Online Module TWO Body Language and Tone	<input type="checkbox"/> <u>Wednesday</u> MONTH FIVE Time: 7pm-8pm Hours: 1 Class: Online Module: THREE Part A: Core Values
MAR 08	MAR 15	MAR 22	APR 15	APR 16
<input type="checkbox"/> <u>Wednesday</u> MONTH FIVE Time: 7pm-8pm Hours: 1 Class: Online Module: THREE Part B: Emotional Needs	<input type="checkbox"/> <u>Wednesday</u> MONTH FIVE Time: 7pm-8pm Hours: 1 Class: Online Module: THREE Part C: Limiting Beliefs	<input type="checkbox"/> <u>Wednesday</u> MONTH FIVE Time: 7pm-8pm Hours: 1 Class: Online Module: THREE Part D: Working with the Ego	<input type="checkbox"/> <u>Saturday</u> MONTH SIX Time: 7pm-8:30pm Hours: 1.5 Class: Online Module: THREE The Happiness Reset	<input type="checkbox"/> <u>Sunday</u> MONTH SIX Time: 7pm-8:00pm Hours: 1 Class: Online Module: THREE The Happiness Reset

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APR 17	APR 18	APR 19	APR 20	APR 21
<input type="checkbox"/> Monday MONTH SIX Time: 7pm-8:00pm Hours: 1 Class: Online Module: THREE The Happiness Reset	<input type="checkbox"/> Tuesday MONTH SIX Time: 7pm-8:30pm Hours: 1.5 Class: Online Module: THREE The Happiness Reset	<input type="checkbox"/> Wednesday MONTH SIX Time: 7pm-8:00pm Hours: 1 Class: Online Module: THREE The Happiness Reset	<input type="checkbox"/> Thursday MONTH SIX Time: 7pm-8:00pm Hours: 1 Class: Online Module: THREE The Happiness Reset	<input type="checkbox"/> Friday MONTH SIX Time: 7pm-8:30pm Hours: 1.5 Class: Online Module THREE The Happiness Reset

London Live Weekends

Coach Acceleration - 4th & 5th of Feb 2023 | Business Acceleration 13th & 14th of May 2023.

Months seven to twelve

Business modules begin which are all pre-recorded, including videos and worksheets for you to complete.

Group mentoring (60 minutes) x 5: The first Thursday of every month at 7pm
May/June/July/August/October

One-to-one mentoring (45 minutes) x 5: May/June/July/August/September
These sessions will be available to book with your mentor after completing month six.