

BAC NOVEMBER SCHEDULE 2022

NOV 13	NOV 23	NOV 28	NOV 30	DEC 07
<p><input type="checkbox"/> <u>Sunday</u></p> <p>MONTH ONE <u>With Lydia</u></p> <p>Time: 4pm - 8pm</p> <p>Hours: 4</p> <p>Class: Online</p> <p>Module: ONE</p> <p>Coaching, a calling? Defining the Process Coaching Mastery Getting Started</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH ONE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Transformative Questioning</p>	<p><input type="checkbox"/> <u>Monday</u></p> <p>LIVE COACHING DEMO WITH LYDIA</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH ONE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Masterful Listening</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH TWO</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Clear Communicating</p>
DEC 14	DEC 21	JAN 02	JAN 04	JAN 11
<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH TWO</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Clarifying, Reflecting, Reframing</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>BUSINESS CLASS 1</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Ideal Client</p>	<p><input type="checkbox"/> <u>Monday</u></p> <p>MINDSET SUCCESS CLASS</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH THREE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module TWO</p> <p>Acknowledging & Messaging</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH THREE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Contracting and Measuring</p>

BAC NOVEMBER SCHEDULE 2022

JAN 18	JAN 25	FEB 01	FEB 04	FEB 05
<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH THREE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Strategise to Realise</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>BUSINESS CLASS 2</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Social Media</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH FOUR</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Taking Action</p>	<p><input type="checkbox"/> <u>Saturday</u></p> <p>COACH ACCELERATION WEEKEND</p> <p>Time: 9.30am-7pm</p> <p>Hours: 9.5</p> <p>Class: In person (London)</p>	<p><input type="checkbox"/> <u>Sunday</u></p> <p>COACH ACCELERATION WEEKEND</p> <p>Time: 9.30am-7pm</p> <p>Hours: 9.5</p> <p>Class: In person (London)</p>
FEB 06	FEB 08	FEB 15	FEB 22	MAR 01
<p><input type="checkbox"/> <u>Monday</u></p> <p>LIVE COACHING DEMO WITH LYDIA</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH FOUR</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Progress and Accountability</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH THREE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: TWO</p> <p>Awareness and Partnering.</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>BUSINESS CLASS 3</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Email Journey</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH FIVE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module TWO</p> <p>Personality and Profiles</p>

BAC NOVEMBER SCHEDULE 2023

<p>MAR 08</p> <p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH FIVE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module TWO</p> <p>Energy and Intuition</p>	<p>MAR 15</p> <p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH FIVE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module TWO</p> <p>Body Language and Tone</p>	<p>MAR 22</p> <p><input type="checkbox"/> <u>Wednesday</u></p> <p>BUSINESS CLASS 4</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Lead Magnet</p>	<p>APR 03</p> <p><input type="checkbox"/> <u>Monday</u></p> <p>LIVE COACHING DEMO WITH LYDIA</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p>APR 15</p> <p><input type="checkbox"/> <u>Saturday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.45pm</p> <p>Hours: 2</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>
<p>APR 16</p> <p><input type="checkbox"/> <u>Sunday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.15pm</p> <p>Hours: 1.5</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>	<p>APR 17</p> <p><input type="checkbox"/> <u>Monday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.15pm</p> <p>Hours: 1.5</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>	<p>APR 18</p> <p><input type="checkbox"/> <u>Tuesday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.45pm</p> <p>Hours: 2</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>	<p>APR 19</p> <p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.15pm</p> <p>Hours: 1.5</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>	<p>APR 20</p> <p><input type="checkbox"/> <u>Thursday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.15pm</p> <p>Hours: 1.5</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>

BAC NOVEMBER SCHEDULE 2023

APR 21	MAY 03	MAY 08	MAY 10	MAY 14
<p><input type="checkbox"/> <u>Friday</u></p> <p>MONTH SIX</p> <p>Time: 12.45-2.45pm</p> <p>Hours: 2</p> <p>Class: Online</p> <p>Module: THREE</p> <p>The Happiness Reset</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>BUSINESS CLASS 5</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Selling</p>	<p><input type="checkbox"/> <u>Monday</u></p> <p>MINDSET SUCCESS CLASS</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH SEVEN</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: THREE</p> <p>Part A: Core Values</p>	<p><input type="checkbox"/> <u>Saturday</u></p> <p>BUSINESS ACCELERATION WEEKEND</p> <p>Time: 9.30am-7pm</p> <p>Hours: 9.5</p> <p>Class: In person (London)</p>
MAY 15	JUN 05	JUN 07	JUL 05	AUG 07
<p><input type="checkbox"/> <u>Sunday</u></p> <p>BUSINESS ACCELERATION WEEKEND</p> <p>Time: 9.30am-7pm</p> <p>Hours: 9.5</p> <p>Class: In person (London)</p>	<p><input type="checkbox"/> <u>Monday</u></p> <p>LIVE COACHING DEMO WITH LYDIA</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH EIGHT</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: THREE</p> <p>Part B: Emotional Needs</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH NINE</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: THREE</p> <p>Part C: Limiting Beliefs</p>	<p><input type="checkbox"/> <u>Wednesday</u></p> <p>MONTH TEN</p> <p>Time: 7pm-8pm</p> <p>Hours: 1</p> <p>Class: Online</p> <p>Module: THREE</p> <p>Part D: Working with the Ego</p>

BAC NOVEMBER SCHEDULE 2023

OCT 02	OCT 14	OCT 15	NOV 08	
<input type="checkbox"/> <u>Monday</u> MINDSET SUCCESS CLASS Time: 7pm-8pm Hours: 1 Class: Online	<input type="checkbox"/> <u>Saturday</u> ALIVE. IBIZA WEEKENDER Time: TBC Hours: All Day Class: In person (Ibiza)	<input type="checkbox"/> <u>Sunday</u> ALIVE. IBIZA WEEKENDER Time: TBC Hours: All Day Class: In person (Ibiza)	<input type="checkbox"/> <u>Wednesday</u> REFLECT & REVIEW WRAP UP CALL WITH LYDIA Time: 12.30pm-2.15pm Hours: 1.75 Class: Online	

Months Seven to Twelve

Business modules begin which are all pre-recorded, including videos and worksheets for you to complete.

Group mentoring (60 minutes) x 5: The first Thursday of every month at 7pm
May/June/July/August/September

One-to-one mentoring (45 minutes) x 5: May/June/July/August/October
These sessions will be available to book with your mentor after completing month six.