

Become a Coach

YOUR FIRST STEPS

1: CARE - What's driving you to become a coach?

Have you been through something yourself? Have you seen someone you care about struggle? Is this a part of your work that already fulfils you?

2: COMPREHENSIVE - What do you value about a course?

Is it important to you that the course is accredited? Do you want a course that is online and in person? Are you looking for something fun and motivational or more corporate?

3: COMMITMENT - What's challenging you about life right now?

How would you like to grow as a person? Where are you not fulfilling your potential? What bad habits or behaviours would you like to change? What needs healing in you?

4: COMPANY - What's your big business vision?

What's your three year big vision? What would be amazing to accomplish? How would you like your life to look because of your choice to become a life coach?

5: CONSISTENCY - How might you sabotage yourself?

From the 6 happiness blocks, which one can you relate to the most and how might that get in the way of making a decision to move forward with life coaching?